

Guidance News February 27th, 2017

Counsellors:

Sarah Jenson (Monday, Tuesday and Wednesday)

Debra Hofrichter (Thursday, Friday)

All "Guidance News" are available on the school website.

Visit: <http://forestheights.ednet.ns.ca> and go to Students/Guidance.

Grade 12 students can have the Guidance News emailed to them by giving their email address to Julie in the office.

Course Registration for 2017-2018: With all the interruptions in schools over the past few months we, at Forest Heights, have decided to focus our Course Registration for 2017-2018 in April 2017. At that time, presentations will be given to classes on how students can best consider their course selection for the coming year. We are considering inviting Parents to attend these sessions. A schedule will be made available at the end of March.

Aboriginal Career Opportunities: CP Rail has posted several career opportunities on the railroad. Visit: www.GoToCareers.ca/CP

Camp Courage for Young Women: Camp Courage is an award winning, empowering, free, police, fire, paramedic camp that informs and educates young women about these non-traditional professions but most importantly inspires them to reach their potential. They learn self-defense, CSI stuff, medical stuff, put out fires, climb 100' ladders, repel and so much more. Interested candidates write an essay on how to improve someone else's life that is less fortunate or how they can improve their community. Instead of paying cash they do what they said in their essay. Essay deadline is **March 31st, 2017**. Only 24 spots are available. The camp is **July 9th, 2017 until July 16th, 2017** and will be held at various emergency services facilities throughout Halifax Regional Municipality. For promotional videos, program description, application, camper testimonials, more than 50 success stories on our wall of fame and much more information go to www.campcourage.ca or call Andréa Speranza at [902-701-1405](tel:902-701-1405).

Youth Ambassadors Program with Canada: A three-week exchange in the United States of America for Youth 15-18 years of age and also for Adult Mentors. Deadline to apply: **March 30, 2017**. Dates: July 17 to August 6, 2017. For more information and for application forms visit: www.plattsburgh.edu/cesca/youthleadership.php

