

Guidance News October 21, 2016

Counsellors:

Sarah Jenson (Monday, Tuesday and Wednesday)

Debra Hofrichter (Thursday, Friday)

All "Guidance News" are available on the school website.

Visit: <http://forestheights.ednet.ns.ca> and go to Students/Guidance.

Grade 12 students can have the Guidance News emailed to them by giving their email address to Julie in the office.

Leadership, Grades and Scholarships/Bursaries: All students intending to go on to post-secondary education should be aware of the costs associated with education beyond high school. One way to finance your education is to pursue scholarships and bursaries. While each scholarship and bursary has its own set of criteria, many are looking for leadership qualities. Today's Guidance News is focused on opportunities for Forest Heights Community School students to take on leadership roles. Watch future Guidance News for such opportunities.

Leadership Opportunity for Junior High Students (Grade 9): This is a reminder that the Nova Scotia Secondary School Student's Association (NSSSA) will be hosting their Junior High Conference for grades 7-9 in the Sou'West region on November 12th at Shelburne Regional High School. Registration must be in by October 29th. For more information and registration visit: <http://www.nsssa.ca/souwest-nebula-2016/>

Wellness Fund Opportunities: Do you have an idea that could become a project that improves the health of your community/school? Wellness Funds are available to help support such initiatives. These funds come from the Department of Health and Wellness. For the Lunenburg Community Health Board application visit: <http://www.nshealth.ca/community-wellness-funds> This grant could help students looking for an opportunity to demonstrate leadership.

Children's Miracle Network: Children's Miracle Network is looking for students to take a leadership role in raising funds and awareness for your local children's hospital (yours being IWK Health Care Foundation)! See Ms. Hofrichter in Guidance for more information.

Horatio Alger Scholarship Program: This is a reminder that the applications are due on **October 25th**. See Guidance News September 27, 2016

