

# Guidance News September 21, 2016

Counsellors:

Sarah Jenson (Monday, Tuesday and Wednesday)

Debra Hofrichter (Thursday, Friday)

All "Guidance News" are available on the school website.

Visit: <http://forestheights.ednet.ns.ca> and go to Students/Guidance.

Grade 12 students can have the Guidance News emailed to them by giving their email address to Julie in the office.

**Guidance News and What It Offers.:** Information on scholarships, bursaries, camps and programs of interest to many students arrive in the Guidance office almost daily. It is a challenge to get that information to the students who may want or need it when making decisions and looking for options. This newsletter will come out whenever there is information we wish to share with students.

**Post-Secondary Orientation Session:** Grade 12 students and their parents are invited to attend a post-secondary orientation session at Forest Heights Community School on **September 29, 2016 at 7:00 p.m.** in the Learning Commons. This session will review graduation requirements, how to search for post-secondary programs and institutions and will touch on how to finance post-secondary education. NSCC will have a representative available to provide information on that institution.

**Nova Scotia Community College:** NSCC is hosting an OPEN HOUSE on **October 18, 2016 from 9AM to 7PM.** This is an opportunity to explore NSCC campuses and experience programs. There will be a chance to chat with faculty, staff and students. For more information, visit: <http://www.nsc.ca/explorensc/events/openhouse/index.asp>

**CAREER IN GEAR:** This is a website that can help you explore your skills, interests, values and match them to possible career choices. It will also lead you to job market trends and training options. Sign up today at: <https://careeringear.nsc.ca/>

**Attention all Grade 9 Students:** The Nova Scotia Secondary Schools Association (NSSSA) is hosting a conference for promoting leadership skills among youth. Your conference (Sou'West Region) is being held at Shelburne Regional High School on **November 12<sup>th</sup> 2016**, and you are invited. For more information, visit: <http://www.nsssa.ca/>  
Or contact Amber Jelfs at [amberkjelfs@gmail.com](mailto:amberkjelfs@gmail.com)

